

Curriculum Vitae

Rahul B. Sambah

Assistant Professor

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Career Objective

Dedicated and passionate teaching professional committed to fostering academic excellence and research-based learning. Seeking to contribute meaningfully to higher education through innovative teaching methods, research engagement, and student development.

Educational Qualifications

DEGREE	BOARD / UNIVERSITY	SCHOOL / INSTITUTE	PASSING YEAR	PERCENTAGE / CGPA
M.A. PSYCHOLOGY	Veer Narmad South Gujarat University	MTB Arts College	2023	83.4%
B.A. PSYCHOLOGY	Veer Narmad South Gujarat University	MTB Arts College	2021	71.4%
HSC	GSEB	Adarsh Vidhyalay, Surat	2018	78.42%
SSC	GSEB	Saraswati Vidhyalay	2016	62%

Teaching and Professional Experience

DESIGNATION	INSTITUTION	DURATION	KEY RESPONSIBILITIES
ASSISTANT PROFESSOR	Uka Tarsadia University	July 2023 – Present	Teaching Psychology courses, mentoring students, coordinating departmental activities

Major Roles & Contributions:

- **NAAC Criteria Coordinator (5, 6, 7):**
 - Served as coordinator for the past three academic years.
 - Introduced criteria-based departmental activities to enhance accreditation quality.
 - Implemented authentic reporting using GPS-mapped photo documentation.
- **Sports Coordinator:**
 - Organized *National Sports Day* and *Sports Week* events.
 - Encouraged and mentored students to actively participate in sports activities.
- **Scholarship Coordinator:**
 - Guided students in filling ST/SC scholarship forms and resolving queries.
 - Established rapport with private NGOs to expand scholarship support.
- **Admission Officer:**

- Conducted multiple *career guidance seminars* and *mental health sessions* in schools.
- Led admission strategies resulting in a **110% increase in enrollment**.
- **Psychology Lab Establishment:**
 - Designed and set up the *Psychology Laboratory* to promote research orientation among students.
- **Website and Visibility Enhancement:**
 - Improved the department's online visibility through *Shiksha, Collegedunia*, and the UTU departmental portal.
- **Field Visits and Expert Lectures:**
 - Coordinated with external institutions and professionals for student field visits, internships, and guest lectures.
- **New Course Development:**
 - Contributed to the launch of *M.A. Psychology* and *M.A. Clinical Psychology* programs with successful admissions in the inaugural year.

Professional Experience

POSITION	ORGANIZATION	DURATION	NATURE OF WORK
COUNSELOR (PART-TIME)	Nivaan Psychiatric Clinic, Surat	Feb 2022 – July 2023	Conducted individual counselling, supported patient assessment, and assisted in treatment planning.

Research Supervision

ACADEMIC YEAR	RESEARCH TITLE	UNIVERSITY / INSTITUTION	ROLE
2024–2025	Competitive Anxiety Among Sports Athletes and Gamers	Uka Tarsadia University	Guide
2024–2025	Psychological Factors Among Gamers and Non-Gamers	Uka Tarsadia University	Guide
2024–2025	Study of Self-Esteem and Career Anxiety Among Final Year Students	Uka Tarsadia University	Guide
2024–2025	Correlational Study Between Personality and Music Preference	Uka Tarsadia University	Guide

Research Publications

ACADEMIC YEAR	TITLE	JOURNAL / CONFERENCE	LEVEL	VOL. /ISSUE	PAGE NO.	ISSN/ISBN
2023–2024	Exploring the Relationship Between Alcoholism and Social Anxiety	National Conference on Psychology of Media	National	Vol.1, Issue 1	84–91	978-93-5967-424-7

Conference Participation

ACADEMIC YEAR	TITLE OF PAPER/POSTER	PLACE	LEVEL
2024-2025	Research on Proneness Towards Psychiatric Illness	UTU Campus	National

Awards and Recognitions

ACADEMIC YEAR	AWARD / CERTIFICATION	AWARDING AGENCY	DATE
2024-2025	NET / SLET Qualified – Gujarat State Eligibility Test for Assistant Professor	The Maharaja Sayajirao University of Baroda	28 Feb 2025
2024-2025	National Conference: working committee member	Uka Tarsadia University	14 Nov 2024
2024-25	Hindi Diwas Event In-charge Certificate	Uka Tarsadia University	20 Sep 2024
2023-24	Youth Fest Coordination Certification	Uka Tarsadia University	24 Feb 2024
2022-23	Certificate of Internship	Nivaan Clinic	15 Jun 2022

Skills

- Teaching and Research Guidance
- Academic Coordination and NAAC Documentation
- Student Mentorship and Counseling
- Event and Activity Management
- Admission Counseling and Outreach
- Microsoft Office and Data Handling
- Communication and Interpersonal Skills
- Problem Solving and Rapport Building

Declaration

I hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief. I take full responsibility for the correctness of the particulars mentioned in this curriculum vitae.